

GamifiedEd: Gamification in adult education

2025-1-HR01-KA220-ADU-000351906



GamifiedEd



FORESTAPP

forestapp.cc

Introduction

Forest is a mobile productivity app that helps users stay focused and avoid distractions.





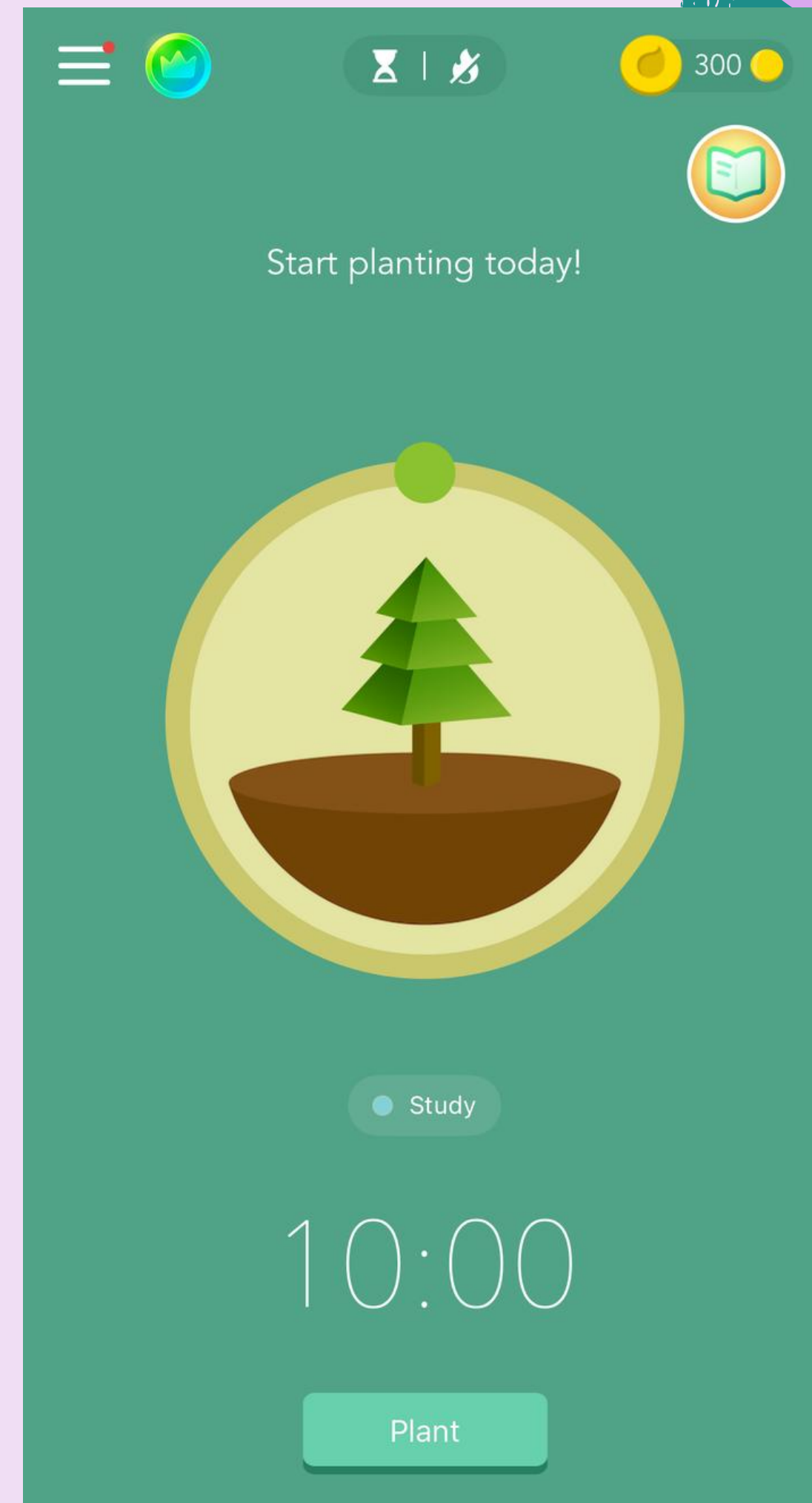
Forest: Stay Focused



How the App Works

Users begin a session by planting a virtual tree that grows while they stay focused on their tasks.

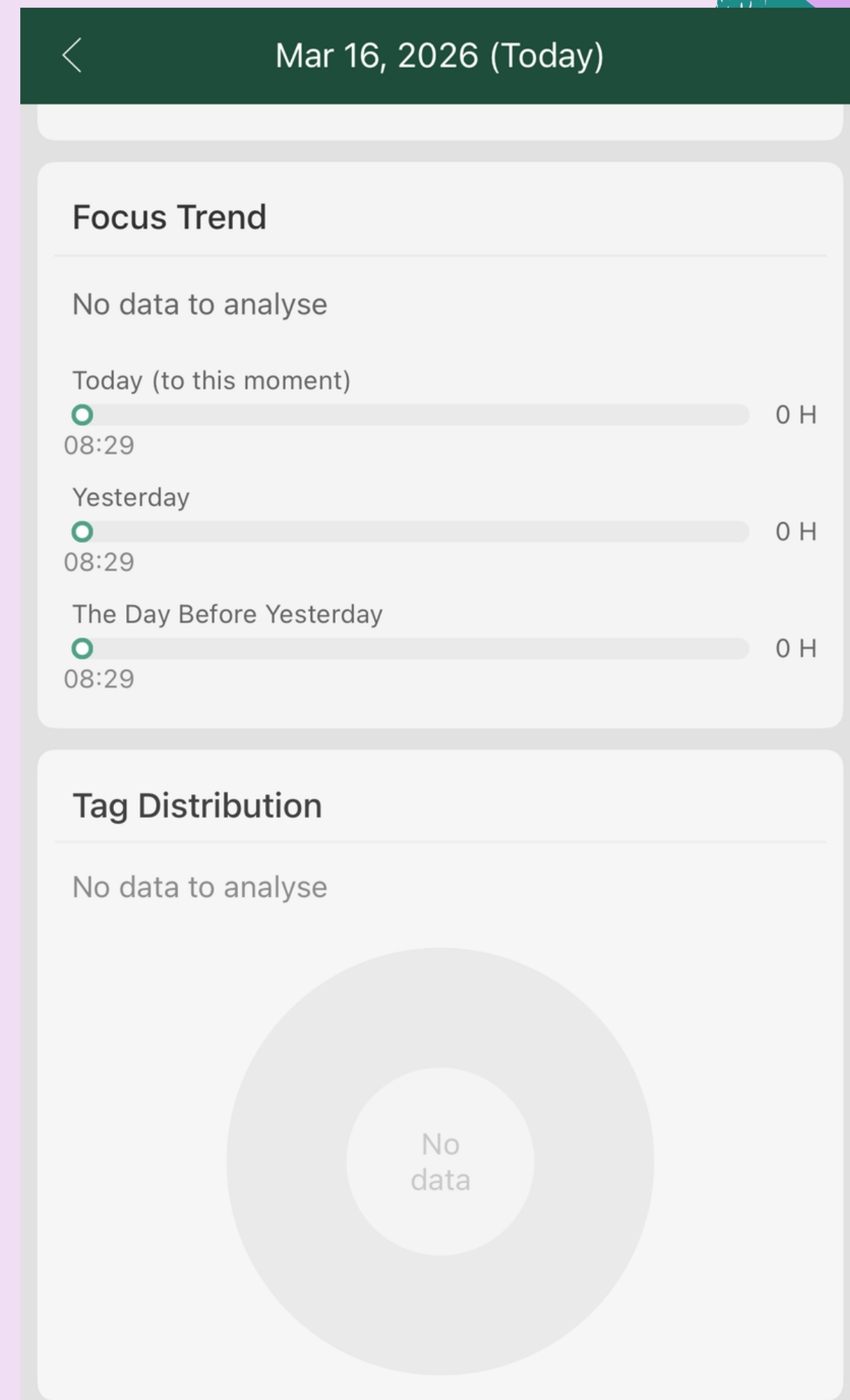
If the user leaves the app, the tree stops growing, which encourages discipline and concentration.



Tracking Progress

Each completed session adds a tree to a virtual forest, showing the user's progress over time.

The app records focus time and provides statistics about productivity.



Benefits for Productivity

By rewarding focus and consistency, Forest helps users build discipline and self-motivation.

The app motivates users to stay focused regularly and develop long-term productivity habits.



Photo courtesy of Trees for the Future

Real Forest



Stay focused and plant real trees on the earth

0

by you

0

by friends

2049149

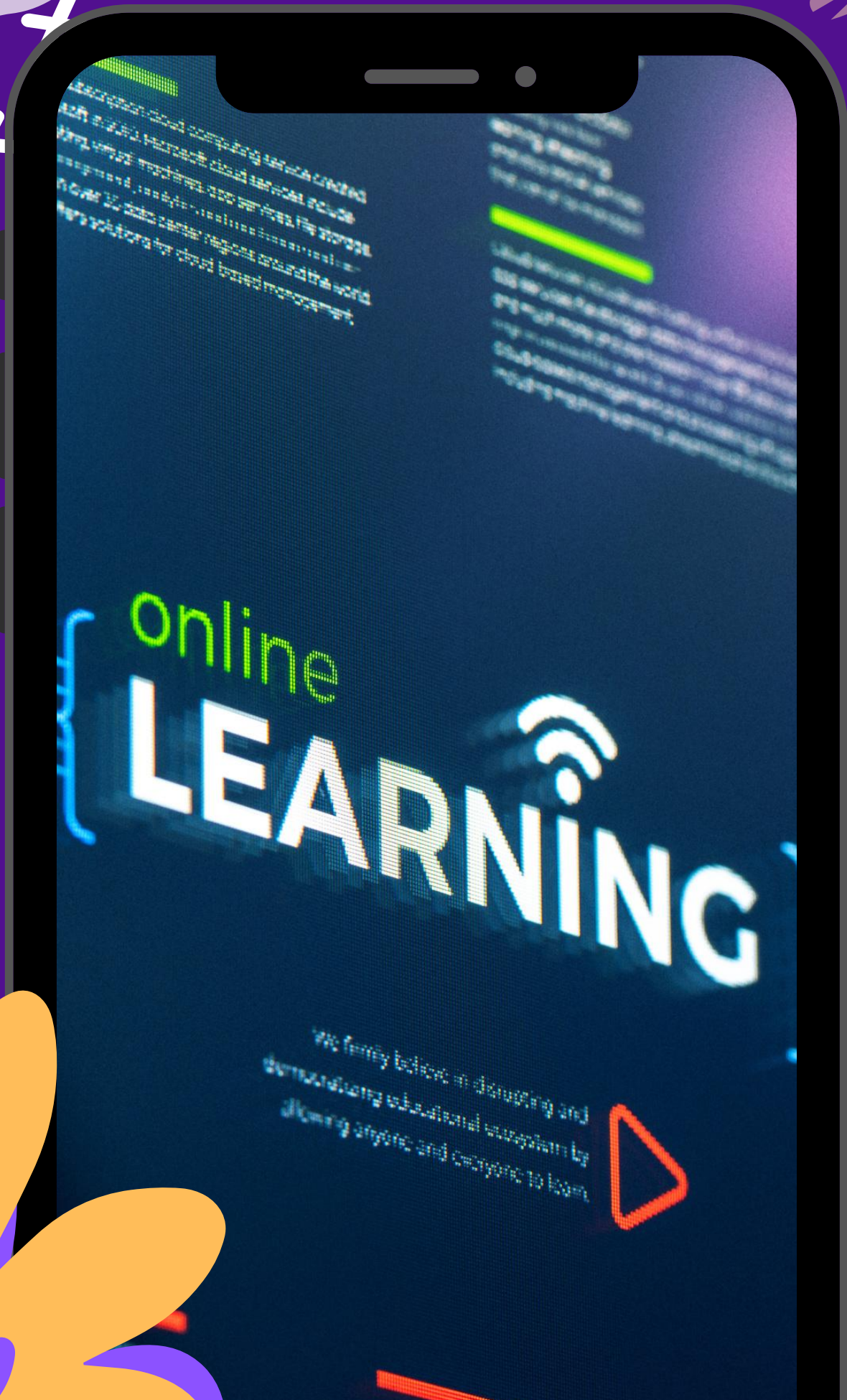
by everyone

Current Tree Planting Partner

Trees for the Future 



Trees for the Future is improving the livelihoods of impoverished farmers by revitalizing degraded lands. Since 1989, with our experience in planting over 200 million trees all over the world, we have demonstrated the transformative power of trees in helping people break out of the poverty trap while also addressing the global environment. Today, our work in East and West Africa is helping to build a world where people can leave a legacy of opportunity through sustainable practices and productive lands for future generations.



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